**Key Mental Health Solutions in the Workplace**

Job Accommodation Network

(800)526-7234 (V)

(877)781-9403 (TTY)

jan@AskJAN.org

AskJAN.org

**

JAN is a free consulting service designed to increase the employability of people with disabilities by: 1) providing individualized worksite accommodations solutions, 2) providing technical assistance regarding the Americans with Disabilities Act (ADA) and other disability related legislation, and 3) educating callers about self-employment options.

Leave

[https://AskJAN.org/topics/leave.cfm](https://askjan.org/topics/leave.cfm)

Telework

<https://AskJAN.org/topics/telework.cfm>

Reassignment

[https://www.eeoc.gov/policy/docs/  
accommodation.html#reassignment](https://www.eeoc.gov/policy/docs/accommodation.html#reassignment )

Stress Reduction

[https://www.localjobnetwork.com/  
employment-resources/detail/Stress-vs-Anxiety-Defining-and-Accommodating-in-the-Workplace/10829](https://www.localjobnetwork.com/employment-resources/detail/Stress-vs-Anxiety-Defining-and-Accommodating-in-the-Workplace/10829)

Modified Schedules

[https://www.eeoc.gov/policy/docs/  
accommodation.html#modified](https://www.eeoc.gov/policy/docs/accommodation.html#modified )

Supervisory Changes

<https://AskJAN.org/articles/Out-with-the-Old-and-In-with-the-New-Supervisor.cfm>

Service/Support Animals

<https://AskJAN.org/topics/servanim.cfm>

Performance and Conduct

<https://www.eeoc.gov/facts/performance-conduct.html>



Funded by a contract with the Office of Disability Employment Policy, US Dept. of Labor

Confidentiality

<https://AskJAN.org/publications/consultants-corner/vol11iss01.cfm>

Morale Issues

<https://AskJAN.org/publications/consultants-corner/vol12iss07.cfm>