

Practical Solutions • Workplace Success

Accommodation and Compliance Series

Accommodation and **Compliance Series: Learning Disability**

Job Accommodation Network PO Box 6080 Morgantown, WV 26506-6080 (800)526-7234 (V) (877)781-9403 (TTY) jan@askjan.org AskJAN.org



Funded by a contract with the Office of Disability **Employment Policy, U.S. Department of Labor**

Preface

The Job Accommodation Network (JAN) is funded by a grant from the Office of Disability Employment Policy, U.S. Department of Labor. JAN makes documents available with the understanding that the information be used solely for educational purposes. The information is not intended to be legal or medical advice. If legal or medical advice is needed, appropriate legal or medical services should be contacted.

JAN does not endorse or recommend any products or services mentioned in this publication. Although every effort is made to update resources, JAN encourages contacting product manufacturers/vendors and service providers directly to ensure that they meet the intended purposes. This guarantees that the most up-to-date information is obtained.

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Updated 02/07/2024.

JAN'S Accommodation and Compliance Series

Introduction

JAN's Accommodation and Compliance Series is designed to help employers determine effective accommodations and comply with Title I of the Americans with Disabilities Act (ADA). Each publication in the series addresses a specific medical condition and provides information about the condition, ADA information, accommodation ideas, and resources for additional information.

The Accommodation and Compliance Series is a starting point in the accommodation process and may not address every situation. Accommodations should be made on a case by case basis, considering each employee's individual limitations and accommodation needs. Employers are encouraged to contact JAN to discuss specific situations in more detail.

For information on assistive technology and other accommodation ideas, visit JAN's Searchable Online Accommodation Resource (SOAR) at https://AskJAN.org/soar.

Information about Learning Disability

Learning disabilities refer to a number of disorders that may affect the acquisition, organization, retention, understanding or use of verbal or nonverbal information. These disorders affect learning in individuals who otherwise demonstrate at least average abilities essential for thinking and/or reasoning. Learning disabilities result from impairments in one or more processes related to perceiving, thinking, remembering or learning. Learning disabilities range in severity and may interfere with the acquisition and use of oral language, reading, written language, and mathematics. Learning disabilities may also involve difficulties with organizational skills and social interaction.

Although learning disabilities occur in very young children, the disorders are usually not recognized until the child reaches school age. Learning disabilities are lifelong and are not outgrown or cured, though many people develop coping techniques through special education, tutoring, medication, therapy, personal development, or adaptation of learning skills. Learning disabilities arise from neurological differences in brain structure and function and affect a person's ability to receive, store, process, retrieve or communicate information.

JAN's <u>Accommodation Solutions: Executive Functioning Deficits</u> is a publication detailing accommodations for individuals with limitations related to executive functioning. These ideas may be helpful in determining accommodations.

What types of learning disabilities are there?

Learning disabilities can be divided into three broad categories:

Specific Learning Disability: A disorder in understanding or in using language, spoken or written, which may manifest itself in an imperfect ability to listen, think, speak, write, spell or to do mathematical calculations. Included in this category are expressive writing and expressive language disorders.

- Dyslexia is the term associated with specific learning disabilities in reading. Although features of a learning disability in reading vary from person to person, common characteristics include the difficulty with individual sounds in words, and difficulties with word decoding, fluency, rate of reading, rhyming, spelling, vocabulary, comprehension and written expression. Dyslexia is the most prevalent and well-recognized of the subtypes of specific learning disabilities.
- Dyscalculia is the term associated with specific learning disabilities in math. Although features of a learning disability in math vary from person to person, common characteristics include difficulty with counting, learning number facts and doing math calculations, difficulty with measurement, telling time, counting money, estimating number quantities, mental math and problem-solving strategies.
- Dysgraphia is the term associated with specific learning disabilities in
 writing. This term is used to capture both the physical act of writing and
 the quality of written expression. Dysgraphia can manifest in difficulties
 with spelling, putting thoughts on paper, and poor handwriting, including
 difficulty in forming letters or writing within a defined space, organizing
 thoughts on paper, keeping track of thoughts already written down, and
 difficulty with syntax, structure, and grammar.

Associated Deficits and Disorders

While not designated as specific subtypes of learning disabilities, there are a number of areas of information processing that are commonly associated with learning disabilities:

- Auditory Processing Disorder is the term used to describe a weakness
 in the ability to understand and use auditory information. Individuals may
 have difficulties with noticing, comparing and distinguishing the distinct
 and separate sounds in words, picking out important sounds from a noisy
 background, recalling information presented orally, understanding and
 recalling the order of sounds and words, and difficulty with spelling,
 reading and written expression.
- Visual Processing Disorder is the term used to describe a weakness in
 the ability to understand and use visual information. Individuals often have
 difficulty noticing and comparing features of different items and
 distinguishing one item from another, distinguishing a shape or printed
 character from its background, distinguishing the order of symbols, words
 or images, difficulty engaging in short-term and long-term recall of visual
 information, and understanding how objects are positioned in space.

- Non-Verbal Learning Disabilities is the term used to describe the characteristics of individuals who have unique learning and behavioral profiles that may overlap with dyslexia, dyscalculia and dysgraphia but that differ in significant ways. Most notably, these individuals often have strengths in the areas of verbal expression, vocabulary, reading, comprehension, auditory memory and attention to detail, yet have difficulty with math computation and problem solving, visual-spatial tasks and motor coordination, reading body language and social cues, as well as seeing the "big picture" in social and academic contexts.
- Executive Functioning Deficits is the term used to describe weaknesses
 in the ability to plan, organize, strategize, remember details and manage
 time and space efficiently. Executive functioning deficits are often seen in
 individuals who have a learning disability.

Learning Disability and the Americans with Disabilities Act

The ADA does not contain a definitive list of medical conditions that constitute disabilities. Instead, the ADA defines a person with a disability as someone who (1) has a physical or mental impairment that substantially limits one or more "major life activities," (2) has a record of such an impairment, or (3) is regarded as having such an impairment. For more information about how to determine whether a person has a disability under the ADA, see How to Determine Whether a Person Has a Disability under the Americans with Disabilities Act Amendments Act (ADAAA).

Accommodating Employees with Learning Disability

People with learning disabilities may develop some of the limitations discussed below, but seldom develop all of them. Also, the degree of limitation will vary among individuals. Be aware that not all people with learning disabilities will need accommodations to perform their jobs and many others may only need a few accommodations. The following is only a sample of the possibilities available. Numerous other accommodation solutions may exist.

Questions to Consider:

- 1. What limitations is the employee experiencing?
- 2. How do these limitations affect the employee and the employee's job performance?
- 3. What specific job tasks are problematic as a result of these limitations?
- 4. What accommodations are available to reduce or eliminate these problems? Are all possible resources being used to determine possible accommodations?

- 5. Once accommodations are in place, would it be useful to meet with the employee to evaluate the effectiveness of the accommodations and to determine whether additional accommodations are needed?
- 6. Do supervisory personnel and employees need training?

Accommodation Ideas:

Limitations

Executive Functioning Deficits

- Apps for Concentration
- Apps for Memory
- Calendars and Planners
- Checklists
- Color Coded System
- Cubicle Doors, Shields, and Shades
- Environmental Sound Machines / Tinnitus Maskers / White Noise Machines
- Extra Time
- Flexible Schedule
- Form Generating Software
- Full Spectrum or Natural Lighting Products
- Job Coaches
- Job Restructuring
- Marginal Functions
- Modified Break Schedule
- Noise Canceling Earbuds
- Noise Canceling Headsets
- On-site Mentoring
- Recorded Directives, Messages, Materials
- Reminders
- Sound Absorption and Sound Proof Panels
- Speech Recognition Software
- Sun Boxes and Lights

- Sun Simulating Desk Lamps
- Timers and Watches
- Written Instructions

Managing Time

- Products
- Applications (apps)
- Apps for Organization/ Time Management
- Electronic Organizers
- Fitness Trackers
- PDAs, Notetakers, and Laptops
- Smart Watches
- Timers and Watches
- Calendars and Planners
- Services
- Job Coaches
- Strategies
 - Additional Training Time / Training Refreshers
 - Checklists
 - Color Coded System
 - Color-coded Manuals, Outlines, and Maps
 - Extra Time
 - Marginal Functions
 - Recorded Directives, Messages, Materials
 - Reminders
 - Supervisory Methods
 - Support Person
 - Task Flow Chart
 - Task Separation
 - Verbal Cues
 - Written Forms and Prompts
 - Written Instructions

Mathematics

- Products
- Apps for Learning Disabilities
- Apps for Mathematics
- Construction Calculators
- Counting/Measuring Aids
- Fractional, Decimal, Statistical, or Scientific Calculators
- Large Display Calculators or Adding Machines
- Large Display Thermometers
- Mathematics Software
- Talking Alarm Clocks
- Talking Blood Glucose Monitors
- Talking Blood Pressure Monitors
- Talking Calculators
- Talking Cash Register
- Talking Coin Counter/Sorter
- Talking Scales
- Talking Tape Measures
- Talking Thermometers
- Talking Watches
- Strategies
 - Extra Time
 - Job Restructuring
 - Marginal Functions
 - Modified Written Materials
 - Qualified Reader

Memory Loss

- Products
- Apps for Memory
- Break Reminder Software
- Electronic Organizers

- Form Generating Software
- Labels/Bulletin Board
- Medication Reminders
- Memory Software
- Notepad or White Board
- On-Screen "Ruler" / Strip
- Timers and Watches
- Calendars and Planners

Strategies

- Additional Training Time / Training Refreshers
- Checklists
- Color Coded System
- Color-coded Manuals, Outlines, and Maps
- Extra Time
- Recorded Directives, Messages, Materials
- Reminders
- Supervisory Methods
- Support Person
- Task Flow Chart
- Task Separation
- Verbal Cues
- Voice Recorders
- Written Forms and Prompts
- Written Instructions

Organizing/Planning/Prioritizing

- Products
- Apps for Organization/ Time Management
- Desk Organizers
- Electronic Organizers
- Ergonomic Equipment
- Labels/Bulletin Board

- Note Collection Software and Technology
- Notepad or White Board
- Organization Software
- Timers and Watches
- Calendars and Planners
- Workflow Management Software
- Services
- Job Coaches
- Professional Organizers
- Strategies
 - Additional Training Time / Training Refreshers
 - Checklists
 - Color Coded System
 - Color-coded Manuals, Outlines, and Maps
 - Job Restructuring
 - Marginal Functions
 - On-site Mentoring
 - Organization/Prioritization Skills
 - Recorded Directives, Messages, Materials
 - Reminders
 - Supervisory Methods
 - Task Flow Chart
 - Task Identification
 - Task Separation
 - Written Instructions

Reading

- Apps for Learning Disabilities
- Apps for Pronunciation
- Apps for Reading
- Color Contrast Overlays
- Color-coded Manuals, Outlines, and Maps

- Electronic Book (e-Book) Readers
- Electronic Dictionaries
- Literacy Skills Development
- On-Screen "Ruler" / Strip
- Optical Character Recognition (OCR) Systems Scan
- Portable or Handheld Readers
- Reading / Highlighting Products
- Reading Pen
- Recorded Directives, Messages, Materials
- Screen Magnification and Screen Reading Combined
- Screen Magnification Software
- Screen Reading Software and Training
- Smart Pens
- Text Reader
- Word Processing Software

Writing/Spelling

- Products
- Apps for Learning Disabilities
- Apps for Note Taking/ Writing
- Electronic Dictionaries
- Form Generating Software
- Line Guides
- Note Collection Software and Technology
- PDAs, Notetakers, and Laptops
- Proofreading/ Copyediting Assistance
- Reference Books
- Screen Reading Software and Training
- Speech Recognition Software
- Verbal Responses
- Word Prediction/Completion and Macro Software
- Word Processing Devices

- Word Processing Software
- Writing Aids
- Writing/Editing Software
- Strategies
 - Extra Time
 - Verbal Responses
 - Written Forms and Prompts

Work-Related Functions

Communicate

- Behavior Modification Techniques
- Aide/Assistant/Attendant

Stress

- · Apps for Anxiety and Stress
- Behavior Modification Techniques
- Counseling/Therapy
- Environmental Sound Machines / Tinnitus Maskers / White Noise Machines
- Flexible Schedule
- Job Coaches
- Job Restructuring
- Marginal Functions
- Modified Break Schedule
- Monitor Mirrors
- Odor Control
- On-site Mentoring
- Service Animal
- Simulated Skylights and Windows
- Strobe Lights
- Supervisory Methods
- Support Animal

- Support Person
- Telework, Work from Home, Working Remotely
- Uninterrupted Work Time

Use Cognitive Function

- Learning Job Tasks
 - Additional Training Time / Training Refreshers
 - Aide/Assistant/Attendant
 - Extra Time
 - Job Coaches
 - On-site Mentoring
 - Reminders
 - Training Modifications
- Meeting Productivity Standards
 - Color Coded System
 - Counting/Measuring Aids
 - Electronic Dictionaries
 - Electronic Organizers
 - Job Coaches
 - Line Guides
 - Marginal Functions
 - On-site Mentoring
 - Support Person
 - Reassignment
 - Reminders
 - Uninterrupted Work Time
- Other Solutions
 - Fractional, Decimal, Statistical, or Scientific Calculators
 - Modified Break Schedule
 - Personal On-Site Paging Devices
 - Professional Organizers
 - Service Animal

Social Skill Builders

Situations and Solutions:

The following situations and solutions are real-life examples of accommodations that were made by JAN customers. Because accommodations are made on a case-by-case basis, these examples may not be effective for every workplace but give you an idea about the types of accommodations that are possible.

A building contractor with dyscalculia was inefficient when creating job quotes. To ensure the mathematical calculations were accurate, the employee spent extra time "figuring" and "double-checking" the numbers. The site supervisor purchased a contractor's calculator to help the employee "figure" fractions, triangles, circles, area (and more) efficiently and accurately.

A stockperson with poor visual acuity due to a visual processing disorder could not see in dimly lit areas, such as the back storeroom where many supplies were kept.

She had difficulty filling out charts and paperwork by hand. The employer provided a lighted pen, which enabled the employee to illuminate the writing surface, allowing her to complete paperwork and checklists quickly and easily.

A clerical worker with auditory processing disorder worked for a large employer where different work assignments were handed out daily.

To ensure the job assignment was accurate, the employee used a voice recorder to capture information about the work assignment, such as the job location, the supervisor's name, and tasks to be completed. To refresh his memory, the employee was able to listen to this recorded information whenever necessary, sometimes several times each day.

A researcher in a technology company had expressive writing disorder.

The employee's job tasks included gathering information for written reports. To accommodate this employee, software was provided to help the employee organize, prioritize, and then outline the information for reports. The employer also provided a hard copy dictionary and thesaurus.

A new-hire telemarketer had deficits in reading comprehension.

He participated in CBT (computer-based training), which included watching a customer service tutorial, then completing timed quizzes on the computer. To accommodate this employee, the employer adjusted the color scheme, resolution, and font size of the computer screen, making the appearance of material easier to view. The employee held a ruler to the computer screen to "stay on the line" when reading test questions. The employee was allowed to watch the tutorial over again, and was given extra time to complete quizzes.

A teacher with a learning disability had difficulty spelling words correctly on the

The employer provided a laptop computer and a PC projection system that projected the written information onto a screen or wall, negating the need to write on the board.

With the help of word prediction software, the teacher was able to display correctly spelled information to her students. A researcher in a technology company had expressive writing disorder. The employee's job tasks included gathering information for written reports. To accommodate this employee, Inspiration software was provided to help organize, prioritize, and then outline the information for reports. The employer also provided a hard copy dictionary and thesaurus.

An employee who had expressive language disorder had difficulty communicating with the supervisor.

This employee preferred to read communication, then respond in writing. The supervisor adjusted the method of supervision, whereby communication with this employee occurred through email instead of face to face.

An employee who works in a manufacturing environment had a learning disability.

The employee had difficulty remembering task sequences of the job. The supervisor provided written instructions, whereby each major task was broken down into smaller, sequential sub-parts. Each subpart was color-coded for easy reference (green means start, red means stop).

Products

There are numerous products that can be used to accommodate people with limitations. JAN's Searchable Online Accommodation Resource at https://AskJAN.org/soar is designed to let users explore various accommodation options. Many product vendor lists are accessible through this system; however, JAN provides these lists and many more that are not available on the Web site upon request. Contact JAN directly if you have specific accommodation situations, are looking for products, need vendor information, or are seeking a referral.

Resources

Job Accommodation Network

West Virginia University PO Box 6080 Morgantown, WV 26506-6080 Toll Free: (800) 526-7234

TTY: (304) 293-7186 Fax: (304) 293-5407

jan@askjan.org https://askjan.org

The Job Accommodation Network (JAN) is a free consulting service that provides information about job accommodations, the Americans with Disabilities Act (ADA), and the employability of people with disabilities.

Office of Disability Employment Policy

200 Constitution Avenue, NW, Room S-1303 Washington, DC 20210 Toll Free: (866) 633-7365

odep@dol.gov

https://www.dol.gov/agencies/odep

The Office of Disability Employment Policy (ODEP) is an agency within the U.S. Department of Labor. ODEP provides national leadership to increase employment opportunities for adults and youth with disabilities while striving to eliminate barriers to employment.

AANE - Association for Autism and Neurodiversity

85 Main Street Suite 3 Watertown, MA 02472 Toll Free: (866) 597-2263

Direct: (617) 393-3824 Fax: (617) 393-3827

info@aane.org

http://www.aane.org/

The Association for Autism and Neurodiversity (AANE) helps Autistic and similarly Neurodivergent people build meaningful, connected lives. We provide individuals, families, and professionals with education, community and support, in an inclusive atmosphere of validation and respect.

American Academy of Audiology

11480 Commerce Park Drive Suite 220 Reston, VA 20191 Toll Free: (800) 222-2336

Fax: (703) 476-5157 infoaud@audiology.org http://www.audiology.org

The American Academy of Audiology promotes quality hearing and balance care by advancing the profession of audiology through leadership, advocacy, education, public awareness, and support of research.

American Dyslexia Association

442 S. Tamiami Trail
Osprey, FL 34229
Office@American-Dyslexia-Association.com
http://www.american-dyslexia-association.com

The American Dyslexia Association Inc. is a non-profit organization that focuses its efforts on providing help for dyslexic and dyscalculic people with free information and teaching aids.

American Speech-Language-Hearing Association

2200 Research Blvd Rockville, MD 20850-3289 Toll Free: (800) 638-8255 Direct: (301) 296-5700

Fax: (301) 296-8580 http://www.asha.org

ASHA promotes the interests of, and provide the highest quality services for, professions in audiology, speech-language pathology, and speech and hearing science; and an advocate for people with communication disabilities.

Attention Deficit Disorder & Attention Deficit with Hyperactivity Disorder Assessment Resources

http://www.iser.com/CAADHD.html

ISER helps parents of LD children / teens find schools, help for attention deficit disorder, educational assessments, therapy, advocacy, teen crisis

Auditory Processing Disorder Foundation, Inc.

contact@theapdfoundation.org
http://www.theapdfoundation.org/

It is a fact that there is still much skepticism about Auditory Processing Disorder (APD) in schools, among parents and even in the medical field. Our mission is to create a place of international access where kids, parents and teachers from all over the world can come to find information and helpful resources for APD.

Brain Injury Association of America

1608 Spring Hill Road Suite 110 Vienna, VA 22182

Toll Free: (800) 444-6443 Direct: (703) 761-0750 Fax: (703) 761-0755 info@biausa.org http://www.biausa.org/

The Brain Injury Association creates a better future through brain injury prevention, research, education, and advocacy.

Children and Adults with Attention Deficit Disorder

4601 Presidents Drive, Suite 300 Lanham, MD 20706

Toll Free: (800) 233-4050 Direct: (301) 306-7070 Fax: (301) 306-7090 http://www.chadd.org

CHADD is a membership organization, produces the bi-monthly Attention magazine (for members), and sponsors an annual conference. The National Resource Center on ADHD (NRC) is the CDC-funded national clearinghouse for evidence-based information about ADHD.

Council for Learning Disabilities

11184 Antioch Road Box 405 Overland Park, KS 66210 Direct: (913) 491-1011

Fax: (913) 491-1011

CLDInfo@cldinternational.org

http://www.council-for-learning-disabilities.org/

The Council for Learning Disabilities (CLD) is an international organization composed of professionals who represent diverse disciplines, is committed to enhancing the

education and quality of life for individuals with learning disabilities across the life span. CLD accomplishes this by promoting and disseminating evidence-based research and practices related to the education of individuals with learning disabilities. In addition, CLD fosters (a) collaboration among professionals; (b) development of leaders in the field; and (c) advocacy for policies that support individuals with learning disabilities at local, state, and national levels.

Dyscalculia.org
7420 Calhoun Street
Dearborn, MI 48126
help@dyscalculia.org
http://www.dyscalculia.org

Dyscalculia.org is a nonprofit educational organization dedicated to advancing understanding and treatment of specific learning disabilities in mathematics, AKA dyscalculia. Dyscalculia.org aims to provide free public information about math learning disability: history, terminology, science, research, treatment, causes of innumeracy; best practices for diagnosis, treatment, teaching and learning; relevant laws, rules and protections; school, self and organizational advocacy; and access and accommodations across the academic lifespan.

Dyslexic Advantage

https://www.dyslexicadvantage.org/

Dyslexic Advantage is a 501(c)3 non-profit charitable organization whose mission is to promote positive identity, community, and achievement focusing on dyslexic strengths.

Eunice Kennedy Shriver National Institute of Child Health and Human Development

31 Center Drive Building 31, Room 2A32 Bethesda, MD 20892-2425 Toll Free: (800) 370-2943

Fax: (866) 760-5947

NICHDInformationResourceCenter@mail.nih.gov http://www.nichd.nih.gov/Pages/index.aspx

The mission of the NICHD is to ensure that every person is born healthy and wanted, that women suffer no harmful effects from reproductive processes, and that all children have the chance to achieve their full potential for healthy and productive lives, free from disease or disability, and to ensure the health, productivity, independence, and well-being of all people through optimal rehabilitation.

Eunice Kennedy Shriver National Institute of Child Health and Human Development

P.O. Box 3006 Rockville, MD 20847 Toll Free: (800) 370-2943 Fax: (866) 760-5947

NICHDInformationResourceCenter@mail.nih.gov

http://www.nichd.nih.gov/Pages/index.aspx

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International Dyslexia Association

40 York Rd., 4th Floor Baltimore, MD 21204 Direct: (410) 296-0232 Fax: (410) 321-5069

info@interdys.org http://eida.org/

The International Dyslexia Association (IDA) is a non-profit organization dedicated to helping individuals with dyslexia, their families, and the communities that support them. IDA is the oldest learning disabilities organization in the nation. The mission is to provide the most comprehensive forum for parents, educators, and researchers to share their experiences, methods, and knowledge.

Jewish Association for Developmental Disabilities (J-ADD)

190 Moore Street Suite 272 Hackensack, NJ 07601-7418 Direct: (201) 457-0058 Fax: (201) 457-0025

info1@j-add.org http://www.j-add.org/

Through Residential, Vocational, and Respite services J-ADD has been on the front lines of improving the lives of those with intellectual and developmental disabilities.

LD Online

2775 S. Quincy St. Arlington, VA 22206 Direct: (703) 998-2060 http://www.ldonline.org/

LD OnLine seeks to help children and adults reach their full potential by providing accurate and up-to-date information and advice about learning disabilities and ADHD. The site features hundreds of helpful articles, multimedia, monthly columns by noted experts, first person essays, children's writing and artwork, a comprehensive resource guide, very active forums, and a Yellow Pages referral directory of professionals, schools, and products.

Learning Able Kids

P.O.Box 491328 Lawrenceville, GA 30049 <u>dyslexiaparent@learningabledkids.com</u> http://learningabledkids.info/

Learning Disabilities Association of America

4156 Library Road
Pittsburgh, PA 15234-1349
Direct: (412) 341-1515
Fax: (412) 344-0224
info@ldaamerica.org
http://ldaamerica.org/

LDA is the largest non-profit volunteer organization advocating for individuals with learning disabilities. LDA publishes materials on issues of importance to adults with learning disabilities on adult literacy, parenting, and special populations. A special series of bulletins address civil rights and accommodations in various settings, including college, the workplace and the military.

Learning Disabilities, Special Education Assessment Professionals http://www.iser.com/CAassess.html

Mayo Clinic

13400 E. Shea Blvd. Scottsdale, AZ 85259 Direct: (480) 301-8000 http://www.mayoclinic.org/

The Mayo Clinic's mission to inspire hope and contribute to health and well-being by providing the best care to every patient through integrated clinical practice, education and research.

MedlinePlus

8600 Rockville Pike Bethesda, MD 20894 <u>custserv@nlm.nih.gov</u> <u>https://medlineplus.gov</u>

MedlinePlus is the National Institutes of Health's Web site for patients and their families and friends. Produced by the National Library of Medicine, the world's largest medical library, it brings you information about diseases, conditions, and wellness issues in language you can understand. MedlinePlus offers reliable, up-to-date health information, anytime, anywhere, for free.

Mental Health America

500 Montgomery Street Suite 820 Alexandria, VA 22314 Toll Free: (800) 969-6642 Direct: (703) 684-7722

Fax: (703) 684-5968

https://www.mhanational.org

Mental Health America – founded in 1909 – is the nation's leading community-based nonprofit dedicated to addressing the needs of those living with mental illness and to promoting the overall mental health of all Americans. Their work is driven by their commitment to promote mental health as a critical part of overall wellness, including prevention services for all, early identification and intervention for those at risk, and integrated care and treatment for those who need it, with recovery as the goal.

National Center for Biotechnology Information

8600 Rockville Pike Bethesda, MD 20894 <u>pubmedcentral@ncbi.nlm.nih.gov</u> https://www.ncbi.nlm.nih.gov/ The National Center for Biotechnology Information advances science and health by providing access to biomedical and genomic information.

National Center for Learning Disabilities

32 Laight Street, 2nd Floor New York, NY 10013 Toll Free: (888) 575-7373 Direct: (212) 545-7510

Fax: (212) 545-9665

ncld@ncld.org http://www.LD.org

The NCLD works to ensure that the nation's 15 million children, adolescents and adults with learning disabilities have every opportunity to succeed in school, work, and life. NCLD provides essential information to parents, professionals, and individuals with learning disabilities, promotes research and programs to foster effective learning and advocates for policies to protect and strengthen educational rights and opportunities.

National Institute for Learning Development

801 Greenbrier Parkway Chesapeake, VA 23320 Toll Free: (877) 661-6453 Direct: (757) 423-8646

Fax: (757) 451-0970

http://nild.org/

National Institute for Learning Development builds the competence and confidence of students with learning challenges. Provides accredited training to educators and connects students to NILD-certified and trained educational therapists. NILD is an international non-profit with 40 years of proven success.

National Institute of Mental Health

6001 Executive Boulevard Rockville. MD 20852 Toll Free: (866) 615-6464

Direct: (301) 443-4513 Fax: (301) 443-4279 nimhinfo@nih.gov http://www.nimh.nih.gov

NIMH offers a variety of publications and other educational resources to help people with mental disorders, the general public, mental health and health care practitioners, and researchers gain a better understanding of mental illnesses and the research programs of the NIMH. All publications and educational materials are written by science writers, in collaboration with NIMH scientists and outside reviewers.

National Institute on Deafness and Other Communication Disorders

31 Center Drive MSC 2320 Bethesda, MD 20892 Toll Free: (800) 241-1044

nidcdinfo@nidcd.nih.gov

http://www.nidcd.nih.gov/Pages/default.aspx

National Resource center for health information about hearing, balance, smell, taste, voice, speech, and language for health professionals, patients, industry, and the public.

Nonverbal Learning Disorders Association (NLDA)

507 Hopmeadow St. Simsbury, CT 06070 Direct: (860) 658-5522 Fax: (860) 658-6688 Info@NLDA.org http://www.nlda.org/

A non-profit corporation dedicated to research, education, and advocacy for nonverbal learning disorders.

The Dyslexia Foundation

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http://dyslexiafoundation.org/

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