Accommodation and Compliance Series: Employees with Latex Allergy

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Preface

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JAN'S Accommodation and Compliance Series

Introduction

JAN's Accommodation and Compliance Series is designed to help employers determine effective accommodations and comply with Title I of the Americans with Disabilities Act (ADA). Each publication in the series addresses a specific medical condition and provides information about the condition, ADA information, accommodation ideas, and resources for additional information.

The Accommodation and Compliance Series is a starting point in the accommodation process and may not address every situation. Accommodations should be made on a case by case basis, considering each employee’s individual limitations and accommodation needs. Employers are encouraged to contact JAN to discuss specific situations in more detail.

For information on assistive technology and other accommodation ideas, visit JAN's Searchable Online Accommodation Resource (SOAR) at https://askjan.org/soar.

Information about Latex Allergy

Latex allergy is a reaction to proteins present in latex derived from natural rubber latex (NRL), which is created from a variety of plants, but mainly the rubber tree, hevea brasiliensis). Latex allergy can result from repeated exposures to proteins in NRL through skin contact or inhalation. Reactions usually begin within minutes of exposure to latex, but they can occur hours later and can produce various symptoms. These include skin rash and inflammation, respiratory irritation, asthma, and in rare cases shock. In some instances, sensitized employees have experienced reactions so severe that they impeded the worker’s ability to continue working in specific jobs.

People at increased risk for developing latex allergy include workers with ongoing latex exposure, persons with a tendency to have multiple allergic conditions, and persons with spina bifida. Latex allergy is also associated with allergies to certain foods such as avocados, potatoes, bananas, tomatoes, chestnuts, kiwi fruit, and papaya. Workers who use gloves less frequently, such as law enforcement personnel, ambulance attendants, fire fighters, food service employees, painters, gardeners, housekeeping personnel outside the health-care industry, and funeral home employees, also may develop latex allergy. Workers in factories where NRL products are manufactured or used also may be affected.
Latex Allergy and the Americans with Disabilities Act

The ADA does not contain a list of medical conditions that constitute disabilities. Instead, the ADA has a general definition of disability that each person must meet. A person has a disability if he/she has a physical or mental impairment that substantially limits one or more major life activities, a record of such an impairment, or is regarded as having an impairment. For more information about how to determine whether a person has a disability under the ADA, see [How to Determine Whether a Person Has a Disability under the Americans with Disabilities Act Amendments Act (ADAAA)](#).

Accommodating Employees with Latex Allergy

People with latex allergies may develop some of the limitations discussed below, but seldom develop all of them. Also, the degree of limitation will vary among individuals. Be aware that not all people with latex allergies will need accommodations to perform their jobs and many others may only need a few accommodations. The following is only a sample of the possibilities available, and numerous other accommodation solutions may exist:

- Discontinue the use of latex gloves. Purchase alternative glove products such as vinyl or nitrile. The feasibility of using alternatives will likely depend upon the infection control needed to perform job tasks.
- If latex gloves must be used, switch to non-powdered latex with reduced protein content. Provide all employees within the individual's working environment with non-powdered gloves as well. If other employees continue to wear powdered latex gloves, the latex proteins can become airborne and create the potential for an allergic reaction.
- If powdered latex gloves are used, thoroughly clean the environment to remove powder residue from walls, equipment and HVAC vents.
- Implement a latex-safe department, clinic or facility. Eliminate the use of latex gloves and, when possible, switch to non-latex medical supplies. If the entire facility cannot be latex-safe, safeguard specific locations by creating latex-safe zones.
- Place the individual in the least latex-intensive environment possible.
- If the individual cannot be accommodated in the original position because of the need to eliminate exposure to latex, investigate reassignment as an accommodation. When possible, place the individual in a position that continues to take advantage of the employee’s clinical or technical skills. For example, if a nurse can no longer perform duties involving direct patient care, consider positions that still require nursing skills. Opportunities may exist in case management, occupational health nursing, health hotlines, poison control, the insurance industry, medical malpractice or teaching.

Questions to Consider:

1. What limitations is the employee experiencing?
2. How do these limitations affect the employee and the employee’s job performance?
3. What specific job tasks are problematic as a result of these limitations?

4. What accommodations are available to reduce or eliminate these problems? Are all possible resources being used to determine possible accommodations?

5. Has the employee been consulted regarding possible accommodations?

6. Once accommodations are in place, would it be useful to meet with the employee to evaluate the effectiveness of the accommodations and to determine whether additional accommodations are needed?

7. Do supervisory personnel and employees need training?

Accommodation Ideas:

Limitations

Dizziness
- Fall Protection
- Flexible Schedule
- Modified Break Schedule
- Padded Edging
- Personal Safety and Fall Alert Devices
- Telework, Work from Home, Working Remotely

Headache
- Air Cleaners & Purifiers
- Cubicle Doors, Shields, and Shades
- Flexible Schedule
- Job Restructuring
- Marginal Functions
- Modified Break Schedule
- Telework, Work from Home, Working Remotely

Nausea
- Flexible Schedule
- Mini Refrigerators/ Electric Coolers
- Telework, Work from Home, Working Remotely

Respiratory Distress/Breathing Problem
• Air Cleaners & Purifiers
• Air Cleaners - Chemical/Odor Removal
• Air Cleaning Systems
• Air Purifiers for Multiple Chemical Sensitivity
• Alternative Cleaning Supplies
• Carpet Alternatives, Sealants, and Sustainable Flooring
• Flexible Schedule
• Floor Cleaning/Stripping Products - Chemical Sensitivity
• Low/No Odor Paints and Stains
• Masks - Smoke Allergy
• Odor/Fragrance/Chemical Masks
• Personal Air Cleaner (Neckworn)
• Powered Air Purifying Respirator (PAPR)
• Respirator Masks
• Telework, Work from Home, Working Remotely

Skin Rash/Blisters/Sores
• Alternative Cleaning Supplies
• Disability Awareness/Etiquette Training
• Job Restructuring
• Policy Modification

Work-Related Functions

Air Quality/Irritants
• Air Cleaners & Purifiers
• Air Cleaners - Chemical/Odor Removal
• Air Cleaning Systems
• Air Purifiers for Multiple Chemical Sensitivity
• Flexible Schedule
• Odor/Fragrance/Chemical Masks
• Powered Air Purifying Respirator (PAPR)
• Respirator Masks
• Telework, Work from Home, Working Remotely
Situations and Solutions:

An office worker with latex allergy had to take rubber bands off bundles of papers and was having a reaction to the latex in the bands. The employer switched to non-latex bands.

A registered nurse with latex allergies was having difficulty wearing latex gloves. The employer provided her with non-latex gloves and started using non-powdered latex gloves for other staff to reduce the amount of latex in the environment.

A nurse aide with latex allergy was reassigned to an area of the hospital where few latex products were used, but the aide was still having problems with latex exposure. The employer realized that the latex was being carried through the ventilation system so the employer worked with a heating, ventilation, and air-conditioning (HVAC) specialist to prevent the circulation of latex in the employee’s work area.

An emergency room nurse with a latex allergy needed reassigned. She was reassigned to a nurse-consultant job that did not involve direct patient care or direct contact with latex products.

A chef could no longer wear latex gloves due to an allergy that developed from shingles on her arm. He was accommodated with latex-free gloves.

Products

There are numerous products that can be used to accommodate people with limitations. JAN’s Searchable Online Accommodation Resource at https://askjan.org/soar is designed to let users explore various accommodation options. Many product vendor lists are accessible through this system; however, JAN provides these lists and many more that are not available on the Web site upon request. Contact JAN directly if you have specific accommodation situations, are looking for products, need vendor information, or are seeking a referral.
Resources

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The Job Accommodation Network (JAN) is a free consulting service that provides information about job accommodations, the Americans with Disabilities Act (ADA), and the employability of people with disabilities.

Office of Disability Employment Policy
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The Office of Disability Employment Policy (ODEP) is an agency within the U.S. Department of Labor. ODEP provides national leadership to increase employment opportunities for adults and youth with disabilities while striving to eliminate barriers to employment.

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The American Academy of Allergy, Asthma & Immunology is dedicated to the advancement of the knowledge and practice of allergy, asthma and immunology for optimal patient care.

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ANA advances the nursing profession by fostering high standards of nursing practice, promoting the economic and general welfare of nurses in the workplace, projecting a positive and realistic view of nursing, and by lobbying the Congress and regulatory agencies on health care issues affecting nurses and the public.

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The Asthma and Allergy Foundation of America (AAFA) is the premier patient organization dedicated to improving the quality of life for people with asthma and allergies and their caregivers, through education, advocacy and research. AAFA, a not-for-profit organization founded in 1953, provides practical information, community based services, support and referrals through a national network of chapters and educational support groups. AAFA also sponsors research toward better treatments and a cure for asthma and allergic diseases.

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The Centers for Disease Control and Prevention are dedicated to protecting the health and safety of people - at home and abroad, providing credible information to enhance health decisions, and promoting health through strong partnerships.

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